

MAGGI NOODLES – A LIGHT MEAL WHICH PROVIDES PLEASURE WHEN EATEN WITH BALANCE AND UNDERSTANDING

Food provides pleasure when eaten with balance and understanding and MAGGI Noodles is a good light meal that all members of the family can enjoy as part of a diversified balanced diet. It is adapted to Indian tastes and we have been constantly improving its nutritional profile and have reduced salt, reduced Trans Fatty Acids and added nutrients. The level of Trans Fats in MAGGI Noodles is also below 0.2% of the product which is well within the recommendations of Indian Council of Medical Research, a premier government body. MAGGI Noodles do not contain any added MSG. MAGGI Noodles is a source of protein, calcium or fibre depending on whether you like Vegetable Atta noodles, or Multigrain noodles or Iron fortified Dumdaar noodles or Masala noodles. The balance between Protein, Carbohydrate and Fat is very similar to the recommendations made by Indian Council of Medical Research.